

GATES COUNTY SCHOOL NUTRITION MENU

APRIL 2025

FRESH FRUIT SERVED DAILY

GATES COUNTY PUBLIC SCHOOLS SCHOOL NUTRITION MENU



**FRESH FRUIT SERVED DAILY
SECOND CHOICE OFFERINGS
INCLUDE VEGETABLE AND FRUIT
OF THE DAY**

**MONDAY MOZZARELLA STICKS W/
SAUCE
TUESDAY PEANUT BUTTER & JELLY
WEDNESDAY EGGROLL W/SAUCE
THURSDAY CHEESE BITES W/ SAUCE
FRIDAY PEANUT BUTTER & JELLY
SANDWICH**

**PIZZA SERVED DAILY @ CENTRAL MIDDLE
AND GATES COUNTY HIGH SCHOOL.**

**PEANUT BUTTER AND JELLY
SANDWICHES AVAILABLE UPON REQUEST
@ ALL SCHOOLS.**

Meal Pattern Daily Offerings

Food Comp	Breakfast	Lunch
Milk	8oz	8oz
Vegetable/ Fruit	½ + ½ = 1Cup	½ + ½ = 1Cup
Grains	1grain	1grain
Meat/ Meat Alternate	1oz	2oz

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast French Toast Sticks Fruit Juice/Applesauce Cold Milk Lunch Bacon Cheeseburger on Bun Broccoli Florets Baked Beans Diced Peaches Cold Milk	2 Breakfast Chicken Biscuit Fruit Juice/Orange Wedges Cold Milk Lunch Stromboli w/ Marinara Sauce Sweet Potato Wedges Green Peas Fruit Salad Cold Milk	3 Breakfast Super Donut Fruit Juice/Applesauce Cold Milk Lunch Chicken & Waffles Sweet Potato Fries Green Beans Sliced Pears Cold Milk	4 Breakfast Belgium Waffle/ Bacon Fruit Juice/Pineapple Tidbits Cold Milk Lunch Sloppy Jo on Bun Glazed Carrots Whole Kernel Corn Applesauce Cold Milk
7 Breakfast Sausage Cheese Biscuit Fruit Juice/Applesauce Cold Milk Lunch Chicken Alfredo Garlic Roll Steamed Broccoli Glazed Carrots Diced Pears Cold Milk	8 Breakfast Pancake Sausage on Stick Fruit Juice/Fruit Salad Cold Milk Lunch Turkey Roast w/ Gravy Wheat Roll Collard Greens Mashed Potatoes Baked Apples Cold Milk	9 Breakfast Super Donut Fruit Juice/Orange Wedge Cold Milk Lunch Chicken Fajita Wrap w/ Shredded Cheese Whole Kernel Corn Sweet Potato Wedges Sliced Peaches Cold Milk	10 Breakfast French Toast Sticks/Bacon Fruit Juice/Pineapple Tidbits Cold Milk Lunch Pepperoni Pizza (Chicken Nuggets@ Middle & High) Sweet Potato Fries Green Beans Fruited Gelatin Cold Milk	11 Breakfast Chicken Biscuit Fruit Juice /Diced Pears Cold Milk Lunch Bacon Cheeseburger on Bun Baked Beans Mixed Vegetables Sliced Peaches Cold Milk
14 Breakfast Blueberry Muffin Fruit Juice/Orange Wedges Cold Milk Lunch Ham and Cheese on Bun Sweet Potato Waffle Cut Mixed Vegetables Fruit Salad Cold Milk	15 Breakfast French Toast/ Sausage Fruit Juice/Applesauce Cold Milk Lunch Oven Roasted Chicken Wheat Roll Lima Beans Candied Yams Baked Apples Cold Milk	16 Breakfast Super Donut Fruit Juice/Pineapple Tidbits Cold Milk Lunch Pepperoni Pizza (Chicken Nuggets@ Middle & High) Sweet Potato Tots Steamed Broccoli Sliced Peaches Cold Milk	17 Breakfast/ Lunch Manager's Choice	18
28 Breakfast Chicken Biscuit Fruit Juice/Orange Wedges Cold Milk Lunch Hotdog on Bun Broccoli Florets Baked Beans Diced Pears Cold Milk	29 Breakfast Blueberry Muffin Fruit Juice/ Diced Peaches Cold Milk Lunch Stromboli w/ Meat sauce Sweet Potato Wedges Green Peas Fruit Salad Cold Milk	30 Breakfast Sausage Biscuit Fruit Juice/Diced Pears Cold Milk Lunch Spaghetti w/ Meat sauce/Garlic Roll Glazed Carrots Baby Lima Beans Sliced Apples Cold Milk		